

**The American Diabetes Association and the  
Juvenile Diabetes Research Foundation  
Los Angeles Chapters**  
present:

# **Taking “Control” Out of Diabetes**

**Jessica Bernstein, Psy.D.**

Psychologist Specializing in Type 1 Diabetes  
“Blood & Honey” Documentary Director/Producer  
Living with Type 1 Diabetes for 38 Years



**TIME: Thursday, November 11, 2010, 8:00 to 10:00 p.m.**

**PLACE: Fairfax High, 7850 Melrose Avenue, Los Angeles, CA 90046**

As discussed in both *The Los Angeles Times* and *S.F. Chronicle*, Psychologist Jessica Bernstein presents a fresh perspective about a new way of approaching diabetes care that could *improve the psychological experience of diabetes for anyone diagnosed with Type 1 or 2 diabetes.*

This talk includes a preview of raw footage from the film project "Blood & Honey" about diabetes, which is still in production. The event is open to the public at no cost. Donations to fund the film are appreciated but not required. See [bloodandhoney.org/talks.html](http://bloodandhoney.org/talks.html) for details about parking.

For more information: [www.bloodandhoney.org](http://www.bloodandhoney.org)  
Contact or RSVP Jessica Bernstein: [jessica@bloodandhoney.org](mailto:jessica@bloodandhoney.org)



*dedicated to finding a cure*

